

# “AA” Bridging-The-Gap Temporary Contact Program

## *Suggested Guidelines for Bridge Volunteers*

**DO** take the member to an AA meeting within 48 hours  
**DO** carry the AA message with your experience  
**DO** take the member to 3 – 6 AA meetings  
**DO** provide AA meeting schedule & phone numbers  
**DO** practice your recovery and solutions  
**DO** discuss Bridge questions or problems with a Sponsor

**DON’T** sponsor the member  
**DON’T** loan money, housing, food, car or be a taxi  
**DON’T** be involved in reports to the Justice System  
**DON’T** exceed 6 meetings with the member  
**DON’T** become emotionally involved  
**DON’T** be responsible for Members actions or attitudes

Take the released Inside AA Member to an AA meeting within 48 hours of their return to the community.

It is suggested that the first meeting with the AA member be viewed as a “12 Step Call” and take another AA member with you.

Use the same guidelines as you would when meeting a newcomer, although you are meeting a member that may have considerable long term sobriety.

Review the Bridge Program with the AA member so there are no misunderstandings as to what this program does and does not offer. Use this pamphlet for reference.

Remind the Member, the Bridge is a temporary arrangement, and you are a temporary bridge to the local AA community.

Remember, you have a commitment of taking the Member to 3 to 6 AA meetings. It is up to each of us to establish sponsorship relations on our own.

Be sure the Member has a meeting list, AA telephone numbers, email addresses, AA literature and a Big Book.

Encourage the Member to find a Home Group, attend AA meetings, get a sponsor and become involved in the Fellowship of Alcoholics Anonymous.

Share your experience, strength and hope as you would with anyone new to the program or the community.

Upon completion of the responsibilities, contact the Bridge Coordinator and provide information on what worked.

## Temporary Contact Sign-up Sheet

Name	Age	Sex
Street Address		
City	Zip	
Phone(s)		
Email Address		
Other Info		

Name	Age	Sex
Street Address		
City	Zip	
Phone(s)		
Email Address		
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